

Scooter skills

Tips for skilled scooting



1

Practise the 'hop stop'

- To stop quickly and safely, jump off on one side and run to a stop beside your scooter (without dropping it)
- The faster you are going, the more steps it might take to stop

2

Slow by using your brake (never drag your foot!)

- Bend your knees and shift your weight backwards onto the brake over the back wheel



3

Regularly switch front feet

- Switching helps avoid pain and injuries from always using the same side
- It increases your turning skills and improves your balance



4

Share with care

- Slow down for pedestrians - give them lots of space
- If the footpath is narrow, hop off and walk, keeping your scooter away from ankles

5

Keep your whānau close

- Don't scoot off - wait for them to catch up or go back to them
- Younger kids should always ride with an adult



6

Front foot forward (on the deck of the scooter)

- You will have better grip, and no surprise wheelies
- Your back foot will fit on the deck when gliding



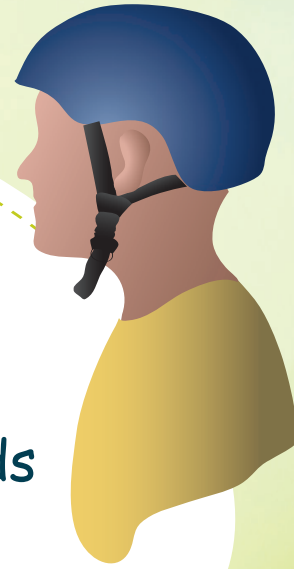
Scooter skills

Rules

for safer scooting

Wear the right gear

- A well-fitted helmet and closed footwear are a must. No jandals!
- 1 → Bright clothes, elbow and knee pads can help you be seen and protect you from falls



Check your scooter

- Check the clamps are done up, adjustable handlebars are the right height, wheels spin freely and the brake works well
- 2 → Make sure your front wheel is facing the correct way



Control your speed

- Slow down, look and listen at sneaky driveways, and stop if you need to
- Slow down or stop for pedestrians
- Be ready to stop before a crossing or if needed

3

Choose safe places to scoot

- Choose smooth dry surfaces - avoid gravel, raised edges, wet areas and steep hills
- Choose routes with safe crossings like pedestrian crossings or controlled intersections

4



Cross roads carefully - always walk

- Stop one step back from the kerb
- Look and listen for traffic coming from all directions - especially vehicles turning across your path
- When there's no traffic coming, walk quickly straight across the road, looking each way for traffic



For more information visit
www.gw.govt.nz/scooters
or microscooters.co.nz/scooter-safety