



# Scooter school

## Safety skills

Supervise children under the age of 8, wherever they are scooting



### Tips for skilled scooting

1

Stop safely by practising the 'hop' stop

- To stop quickly and safely, jump off on one side and run to a stop beside your scooter (without dropping it)
- The faster you are going the more steps it might take to stop



2

Slow down using your brake (never drag your foot!)

- Bend your knees and shift your weight backwards onto the brake over the back wheel



3

Regularly switch front feet

- Switching helps avoid pain and injuries from always using the same side
- It increases your turning skills and improves your balance

5

Front foot forward (on the deck of the scooter)

- You will have better grip, and no surprise wheelies!
- Your back foot will fit on the deck while gliding and reach the brake



4

Share with care - and keep your whānau close!

- Slow down for pedestrians - give them lots of space
- If the path is narrow, hop off and walk.
- Don't scoot off - wait for your whānau to catch up!
- Younger kids should always ride with an adult



### Rules for safer scooting

3

Choose safe places to scoot

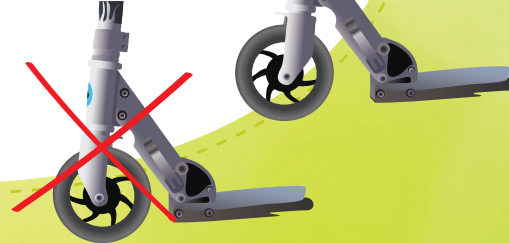
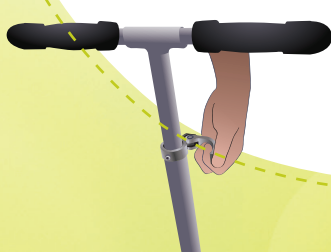
- Choose smooth dry surfaces - avoid gravel, raised edges, wet areas and steep hills
- Choose routes with safe crossing places like pedestrian crossings or controlled intersections



2

Check your scooter

- Check the clamps are done up, adjustable handlebars are the right height, wheels spin freely and the brake works well
- Make sure your front wheel is facing the correct way



5

Control your speed

- Slow down, look and listen at sneaky driveways, and stop if you need to
- Slow down or stop for pedestrians
- Be ready to stop before an intersection or pedestrian crossing
- Stop safely if something unexpected happens



4

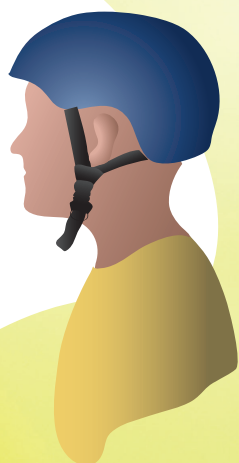
Cross roads carefully - always walk

- Stop one step back from the kerb
- Look and listen for traffic coming from all directions - especially vehicles turning across your path
- When there's no traffic coming, walk quickly straight across the road, looking each way for traffic



Wear the right gear

- A well-fitted helmet and closed footwear are a must. No jandals!
- Bright clothes, elbow and knee pads can help you be seen and protect you from falls.



1