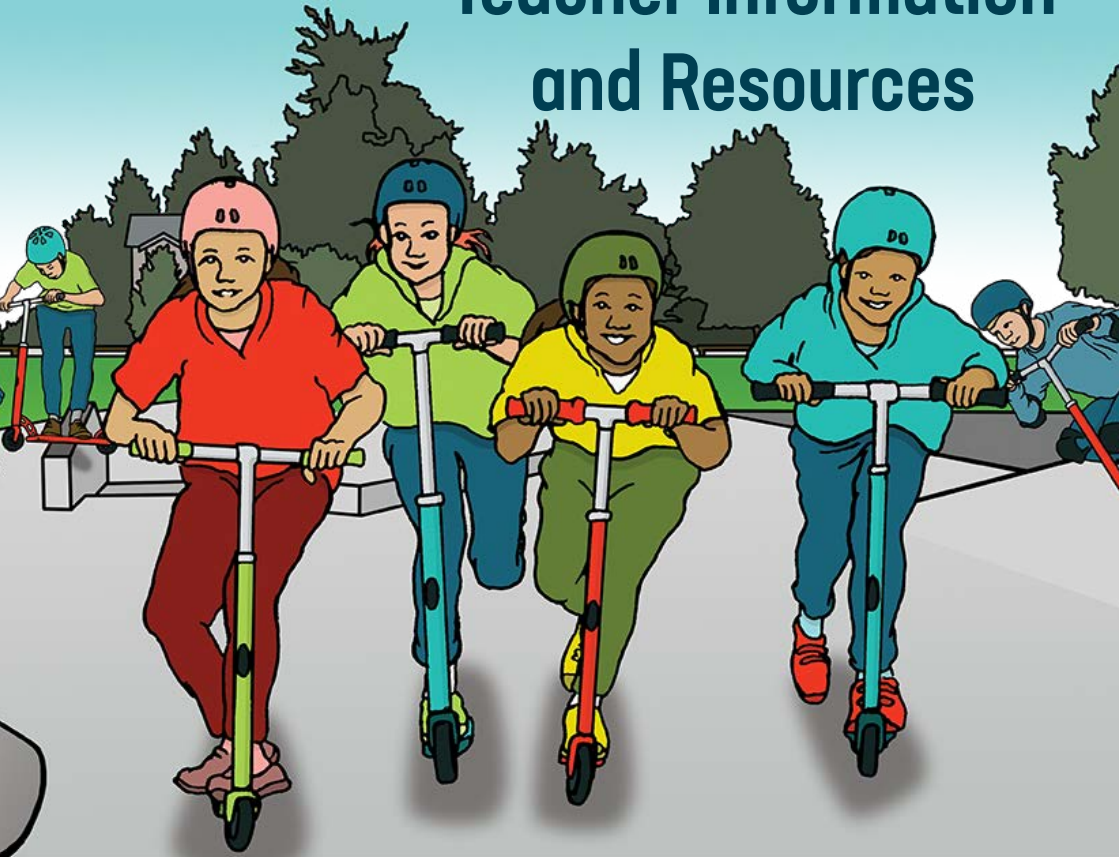


SCOOTER Ready

Teacher Information and Resources



The Scooter Ready programme teaches children in years 3-4 how to be safe and have fun on their scooters.

Scooter Ready is part of Greater Wellington's road safety programme. It leads into Pedal Ready Cycle Skills.

This teacher resource provides information to support scooter skills and road safety learning in the classroom.

How will Scooter Ready benefit students?

Scooters are a fun and accessible way to get around for many tamariki and their whānau.

They are also a great way to introduce road safety messages.



Our programme give tamariki the skills and confidence to scooter everyday!

During a 50-60 minute school Scooter Ready session we will cover the following:

- Encourage safe scooting
- Emphasise importance of wearing a correctly fitted helmet
- Teach appropriate clothing (e.g. covered shoes)
- Teach practical handling skills and quick stopping
- Develop or improve footpath etiquette
- Provide information to students and parents.

How does it work?

Scooter Ready is aimed at tamariki in Years 3 and 4. In some cases, we can also deliver a shortened programme to Year 0-2 students.

As part of the Pedal Ready programme preference is given to schools who book both at the same time. We deliver Pedal Ready to Year 5-8 students in the morning. Scooter Ready is delivered to Year 3-4 students in the afternoon.

Our instructors come to your school and teach a practical course on the school courts (or in a hall if available). We bring plenty of extra scooters and helmets so all students can take part.

- We can work with your students who need extra help – let us know the best way to support them.
- The classroom teacher must remain with the class.
- Students must be wearing closed-toe or covered shoes. No jandals!
- We aim to work with ratios of 1:12 or 2:25.

How do you book?

For more information, visit: www.pedalready.org.nz or www.gw.govt.nz/scooters

To make a booking email: bookings@pedalready.org.nz or, contact your local NZ Police School Community Officer.

SAMPLE TIMETABLE:

9am - 12.30pm – Y5/6

Pedal Ready session

12.30-1.30pm – Lunch

1.30-2.25pm – Y3/4

Scooter Ready session

2.25-2.55pm – Y0/2

Scooter Play/basic skills

Session outline

We focus on four key areas for our Y3-4 Scooter Ready courses. For Scooter Play, we only cover set-up and stopping. Road safety is a useful classroom extension.



Topic	Outcomes	
Set-up Helmet fit, clothing check and scooter set up	Tamariki know how to wear a helmet correctly. They wear shoes when riding. They can check or adjust their scooter.	10 min
Stopping How to use brakes and how to stop quickly	Tamariki learn how and when to use their brakes. They also learn the 'hop-stop' for quick and safe stopping.	10 + 10
Share the footpath Slow and give a wide berth or stop and walk	Tamariki discuss why we must consider others. We can keep everyone on the path safe, by slowing down, giving space and giving a friendly warning.	10 min
Skills Gliding, switching and other hazards	Tamariki learn basic skills such as how to glide, switch feet and how to avoid or ride over small hazards by shifting their body weight down and back.	10 min

Road Safety

We encourage classroom teachers to cover helmet use before the scooter sessions.

After the session it is important to explore road safety themes. This can be done in class using the resources on the next page.

Your local NZ Police School Community Officer can offer practical road-side training.

Waka Kotahi has lesson plans which support student inquiry and curriculum integration.

Scooter Ready is run in partnership with [Micro Scooters](#), local Police and local councils.

What we need to know

1. When are your Pedal Ready sessions (if you've booked these already) or what dates would you prefer for both?
2. How many groups/classes of children you have and how many in each group (aim for 25 per group)?
3. Your interval and lunch break times.
4. Any special needs of the students who will be participating?
5. Contact name and number of lead teacher (in case of rain)?

Before a Scooter Ready session

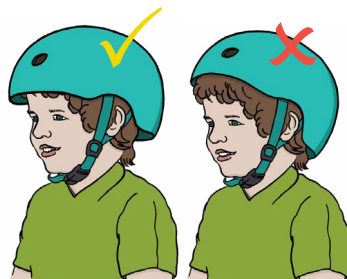
Tamariki need to experience, review and practice safety behaviours. Please go over the tips and skills in this leaflet to help lock in some super safe scooter skills!



Helmets

Always wear your helmet! Use the 'S' checks to make sure they fit well and are safe:

- Make sure it's the right **Size** and the **Strap** is snug - one or two finger gap
- Check your **Shell, Styrofoam,** and **Straps** for signs of wear or damage.
- Check your helmet has the right standards approved **Safety Sticker.**
- Do the **Scooter Salute** to check it's on correctly. Two fingers between your eyebrows and the helmet.



Scooter 4-point check

1 brake – Check your brake works. Limit use on downhill to avoid overheating.

2 wheels – Check your wheels spin freely and have no flat patches. Check your front wheel is facing forwards (bolts at back).

3 points – Check your handlebars are at bellybutton height. Check handlebar and folding clamps are done up tight.

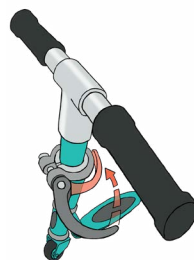
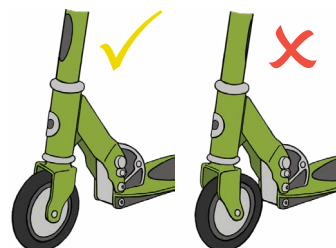
Drop test – Gently drop the scooter – check for any rattles.

Gear

Safety gear can help prevent bumps and bruises.

Always wear covered shoes - no jandals on scooters please!

Wear bright contrasting colours to stand out and be seen.



SCOOTER AND ROAD SAFETY RESOURCES:

- [Waka Kotahi NZ Transport Agency Education portal](#)
- [NZ Police Road Safety in schools page](#) or,
- Contact your local [Police School Community Officer](#)
- [Micro Scooters – Scooter Safety Program](#)

We continually update our resources and links on:

- www.gw.govt.nz/scooters
- www.pedalready.org.nz/resources
- www.movinmarch.com/roadsafety



After a Scooter Ready session

Scooters are a fun way to learn road safety messages. Our programme begins to explore decision-making strategies which will serve tamariki for life.



Road Safety

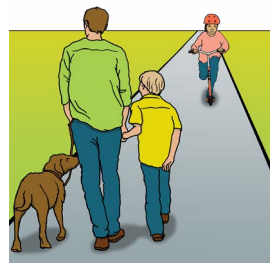
Encourage whānau to model good behaviour. Younger students should ride with an adult or older sibling. They can practise safe routes and road crossings with an adult.

- Walk and scoot on the 'house side' of the footpath.
- Choose safe places to cross the street – where you can see and be seen.
- Use the Kerb Drill (below) both when crossing the road and around sneaky driveways.
- Sneaky driveways are places where a car may approach unseen. Something beside the driveway may hide the car from view. The driver won't be able to see you so always wait!
- Always **walk** scooters across the road or over train tracks.
- Discuss what to do if something unexpected happens.



Sharing the footpath

- Remember, when passing other people, slow down or stop riding and walk.
- Give them a wide berth if you can.
- Ring a bell or call out to let them know you're coming past.



Scooter Squad

Tamariki wanting to ride to school may be interested in a 'scooter squad'. This is the same as a Walking School Bus but on wheels. Contact your local Council for guidance or [visit Waka Kotahi](#).

THE KERB DRILL FOR CROSSING THE ROAD

Always walk your scooter when crossing roads or driveways. Drivers may not see you. Use the 'kerb drill':

1. STOP - one step back from the kerb
2. LOOK and LISTEN - for traffic coming from all directions
3. WAIT - if there is traffic coming and check again.

When there is no traffic coming...

4. WALK - quickly, straight across the road.
5. While crossing, look and listen for traffic, wherever it may come from.

THE CROSSING SONG

*Stop, look and listen,
before you
cross the street.
Use your eyes,
use your ears,
before you
use your feet!*

Games

Games are a great way for tamariki to practice their skills and gain confidence. They can also help motivate and enhance learning.

Grandma's footsteps (aka: What's the time Mr Wolf or Statues) –

- The teacher (or a student) is the 'grandma/pa' and stands at one end of the court (by netball hoop) with back towards class.
- Students line up at the other end of the court.
- Grandma/pa says "go" and students can scoot towards them but must FREEZE using the 'hop-stop' when Grandma/pa says "3, 2, 1, stop".
- Any students still moving, or not stopped correctly move back to the start line.
- The winner is the student who is best at stopping quickly using the 'hop-stop'.

The Floor is Lava (elimination or personal challenge) –

Students scoot around inside a marked area. The teacher calls out 'the floor is lava!'. Students must keep both feet on their scooter without touching the ground for as long as they can. After a few seconds, the floor is safe again.

Alternative version: They must stop with their front wheel on a painted line.

Scooter 'snakes' – works best when you have 20 minutes at least to play.

- Set up teams of 3-4 students to each make a 'snake'.
- Snakes are led by the 'head' (first person) who decides where they go and has to keep the 'body' (other team-members) together.
- They swim around the court and avoid cutting each other off.
- Instructors can be crocodiles/taniwha who try to cut off the snakes.
- Every 3-5 minutes swap the leaders around. The leader becomes the tail and second student becomes the new leader, so they each get a turn leading.

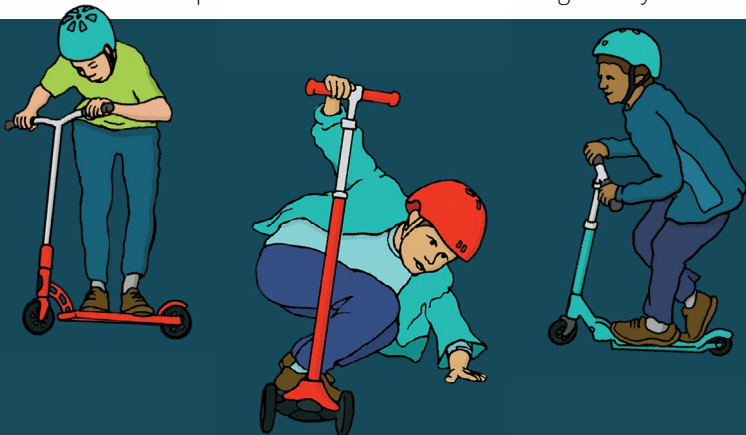
Free ride – practise skills while staying on the court.

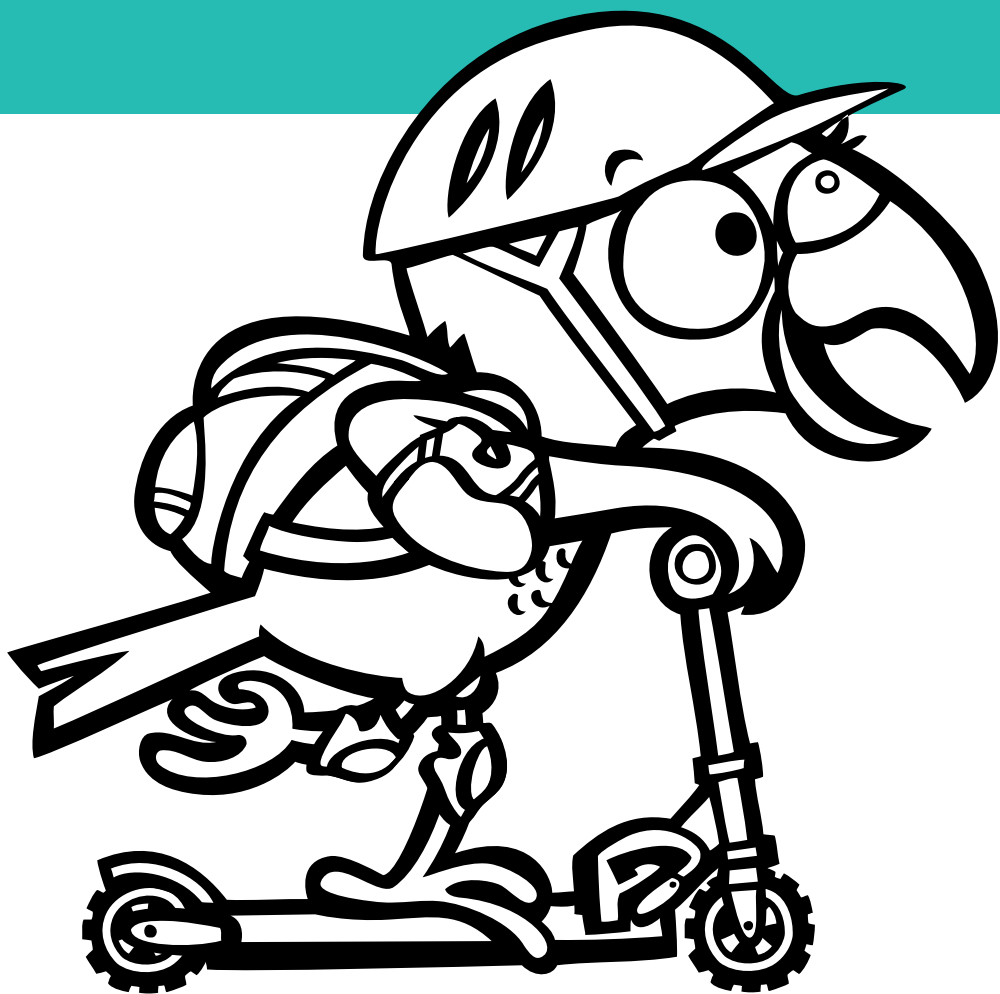
Obstacle course – Include slalom, stopping, slow-riding, 'lava' and small bumps.

Gliding race – Who can go the furthest by only pushing off one/two/three times?

Red light/Green light – go on green, stop on red, slow on amber/yellow.

The "mini-man" – students squat on the scooter as low and long as they can.





**kutarere
scooter**

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Jack's Wheels Licence

It's a privilege to scoot to school – respect these rules, and discuss them at home so you understand them.
Enjoy your wheels safely!

1. Wear a helmet and closed shoes.
2. Stay on the footpath at all times.
3. Find safe places to cross – where you can see and be seen.
4. Stop, look and listen before you cross the road. Wait until it is safe – and walk your scooter!
5. Stop, look and listen when passing 'sneaky driveways'.
6. Pass people with care – slow down or walk, say 'excuse me' and give a wide berth.
7. No racing or reckless riding.
8. Show respect for yourself, others and your community.

I agree to follow the school scooting rules.

Ingoa/Name: _____ Tau/Age: _____

Kura/School: _____ Karaehe/Class: _____

For more information, visit
www.gw.govt.nz/scooters
or email bookings@pedalready.org.nz